

WATERMELON

Let's Start With Some Fun Facts!

WATERMELON IS BOTH A FRUIT AND A VEGETABLE

watermelon is a berry, so are cucumbers, pumpkins and squash.

they are 92% water. Early explorers sometimes carried watermelons instead of water bottles.

watermelons are native to Africa, they need hot, sunny conditions to thrive-grow well.

Some varieties need up to 130 warm days to ripen. Most watermelons mature in 85 to 100 days.



My name is Anna and I love watermelon!

Watermelon is my favorite fruit of all fruits. It reminds me of summer, and I love summer.

A perfect match!

What is your favorite fruit?



- A watermelon will not grow in your belly or your head if you eat the seeds. The seeds are actually quite nutritious, which means very healthy for your body



Where Do Watermelon Comes From?

The image is a composite. The left side shows a wide, deep canyon with a winding river at the bottom. The canyon walls are layered with different rock formations and are covered in green vegetation. The sky is blue with scattered white clouds. The right side of the image is a vertical strip showing a silhouette of a large tree on the left and two giraffes standing on a grassy hill in the foreground. The background of this strip is a bright orange and yellow sunset or sunrise sky.

Citrullus Lanatus

Watermelon's origin is from Southern Africa .

Watermelons were brought to America by European colonists and by people from Africa. The first ones were grown in Florida in the 16th century.



Watermelon Juice

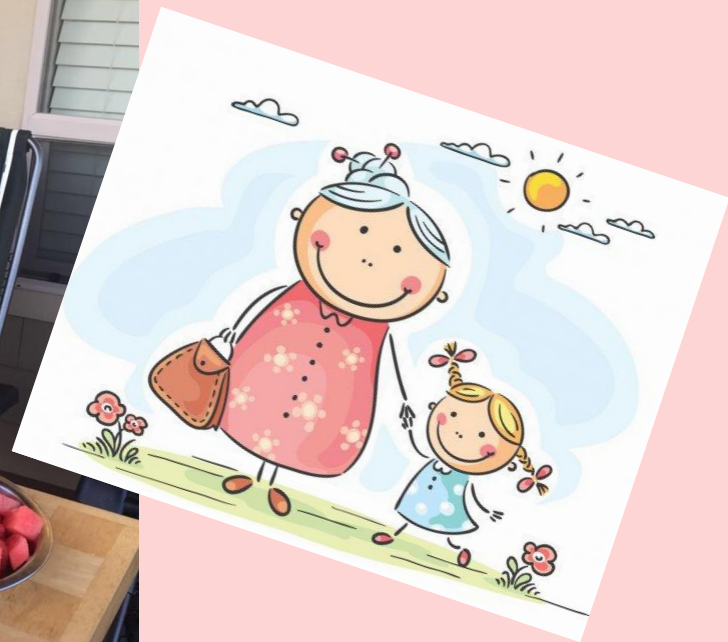
INGREDIENTS

6 cups ripe seedless watermelon cubed
1 cup water (optional)
Ice

INSTRUCTIONS

Place watermelon in a high-speed blender. Turn blender on medium speed and work up to high speed, until watermelon is completely smooth. Add ice to blend to create an icy texture. Add water to watermelon juice, if desired. Pour and serve in a pitcher.

My Grandmother who
also loves watermelon





♪♪ Cantonese Translation:
“Asked mother what to do,
my head is growing a
melon!” “Mama laughed and
laughed while saying “then
that means we will have a lot
of watermelon to eat. From
spring to winter.”” ♪♪



Mandarin Orange 🍊

橘子 Júzi

Mandarin Orange Originated From China。

Mandarin Orange is a big part of my Chinese culture. During Chinese New Year (the most important holiday in China) We use Mandarin Orange as a symbol of Luck and Fortune 🍊 🍊



🍊 Mandarin Orange is also a Chinese New Year food, just like having turkey for Thanksgiving.

🍊 Homes and public places such as streets and malls would be filled with Chinese New Year decorations and that includes Mandarin Orange.

🍊 Having a Mandarin Orange tree is like having a Christmas tree. Before I came to the United States, my family and I would have an orange tree every year for this festive holiday,--one of my favorite childhood memories.





Mandarin Orange is a type of **Orange** that is smaller, sweeter, and easier to peel because of its softer skin layer. They are related to *Tangerines* and *Clementine*, another kind of Oranges.

wow, that's a lot of oranges!



Murcott Mandarin



Blood Orange



Golden Nugget Mandarin



Florida Grapefruit



Seville Soar Orange



Clementine



Cara Cara



Pink Grapefruit



Mandarin



Heirloom Navel



Tangerine



Juice Orange



Sometime between 1840 and 1850, the 'Willow-leaf' or 'China Mandarin' was imported by the Italian Consul and planted at the Consulate in New Orleans. It was carried from there to Florida and later reached California.





Asian people love to use mandarin orange peels to cook or for tea
We would sun dry the peels after eating the yummy fruit. It is
a spice, an herb, and a jam.

Chénpí 陈皮

It is into cut pieces and dried like on the picture. You can make it sweet or salty.

My family uses it for soups and desserts. It is also perfect for Orange Chicken!



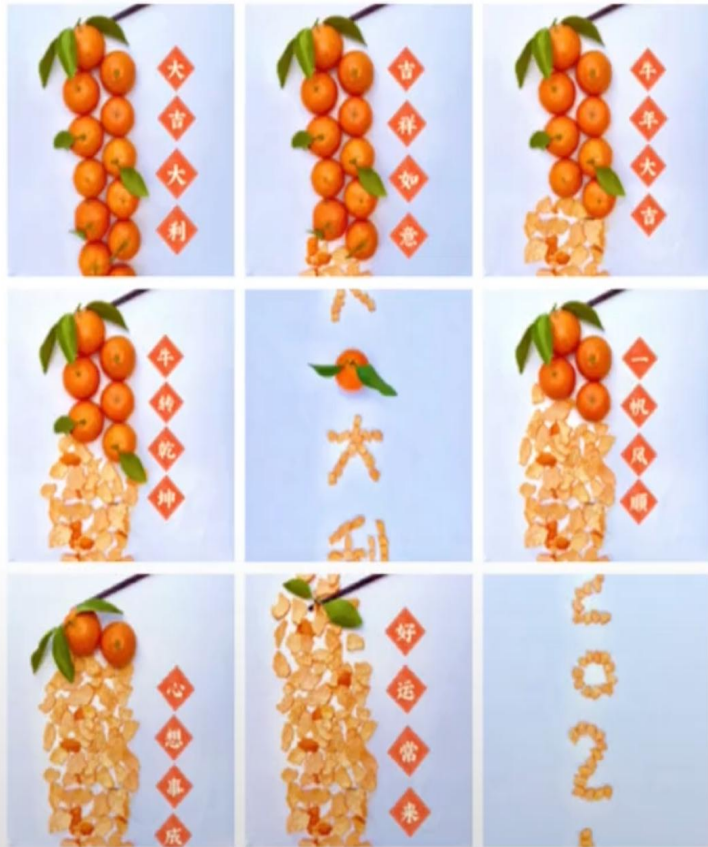
fully enjoyed and
nothing of was
wasted. A very happy
orange❤️



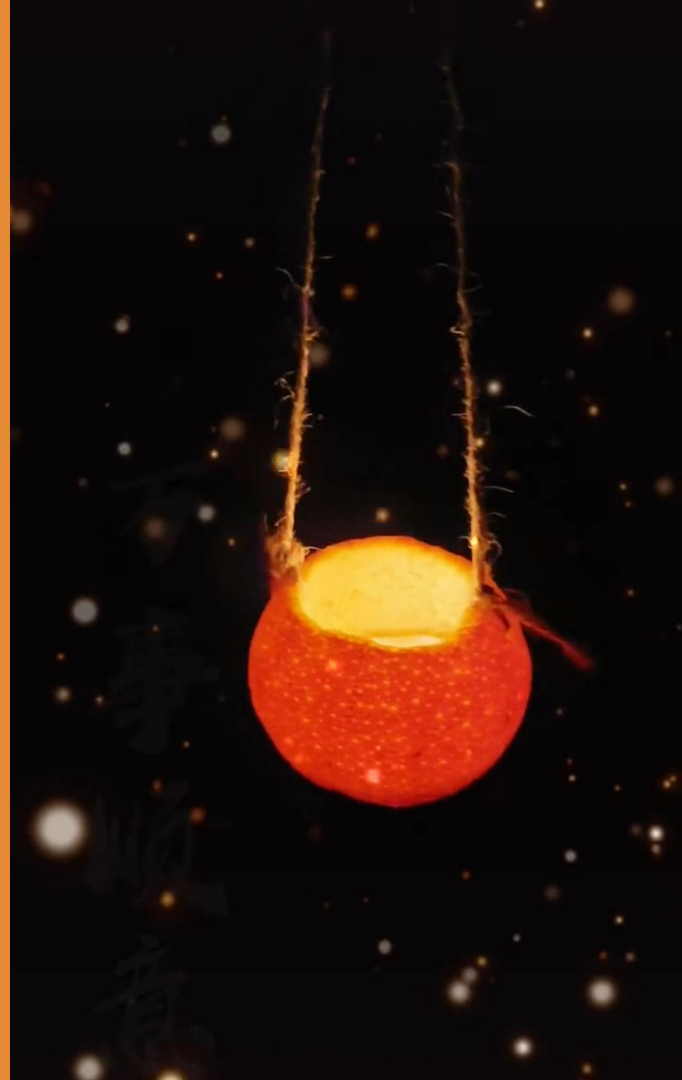
Sweet Chénpí Recipe



<https://m.youtube.com/watch?v=CJSRzWr7t6Y>



Childrens would
make firecrackers
🧨 or lantern





Thank You for learning my two favorite fruits and culture with me ❤️

Watermelon is my favorite fruit and Mandarin Orange is my culture.

I hope you learned something new and continue to eat your fruits and vegetables ! ❤️

Anna Z.