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Appendix A: Food Journey Skit Cards

How do Oregon-grown Strawberries get to the grocery store?

- 1. The strawberries grow on a farm on Sauvie Island
- 2. The strawberries are harvested
- 3. The strawberries are **cleaned**
- 4. The strawberries are packaged
- 5. The strawberries are **shipped on a truck** from the farm to the grocery store in Portland (13 miles)
- 6. The strawberries arrive at the grocery store

Number of Steps: 6 Miles Traveled: 13



How do **potato chips** get to the grocery store?

- 1. The potatoes grow on a farm in Idaho
- 2. The potatoes are **harvested**
- 3. The potatoes are **shipped on a truck** from the farm to a factory in Vancouver, WA (500 miles)
- 4. The potatoes are **cleaned**
- 5. The potatoes are peeled and sliced
- 6. The potato slices are **fried**
- 7. The potato chips are **packed** in bags and boxes
- 8. The potatoes are **shipped on a truck** from the factory to the grocery store in Portland (10 miles)
- 9. The potato chips arrive at the grocery store

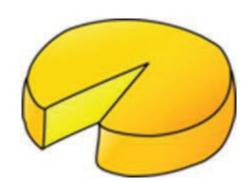




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How does Tillamook cheese get to the grocery store?

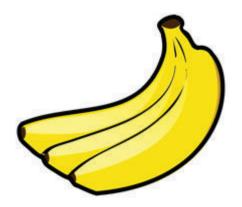
- 1. Hay grows on a farm in Cloverdale, OR
- 2. The hay is **harvested**
- 3. Cows **eat** the hay
- 4. The cows are **milked**
- 5. The milk is **shipped on a truck** to the Tillamook Cheese Factory (25 miles)
- 6. In the factory, the milk is **cooked and cultured** into cheese curds
- 7. The cheese curds are **pressed into blocks**
- 8. The blocks are **aged** for months to become cheddar cheese
- 9. The cheddar cheese is packaged
- 10. The cheddar cheese is **shipped on a truck** from the factory to the grocery store in Portland (100 miles)
- 11. The cheese arrives at the grocery store



Number of Steps: 11 Miles Traveled: 125

How do bananas get to the grocery store?

- 1. The bananas **grow on banana trees on a farm** in Ecuador, in South America
- 2. The bananas are harvested
- 3. The bananas are **cleaned**
- 4. The bananas are packaged
- 5. The bananas are **shipped on a boat** from Ecuador to San Diego, CA (3,500 miles)
- 6. The bananas are **shipped on a truck** from San Diego to the grocery store in Portland (1,000 miles)
- 7. The bananas arrive at the grocery store



Number of Steps: 7 **Miles Traveled:** 4,500

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How do **eggs** get to the grocery store?

- 1. Grains grow on a farm in Molalla, OR
- 2. The grain is harvested
- 3. Chickens eat the grain
- 4. Chickens lay eggs
- 5. The eggs are **cleaned**
- 6. The eggs are packaged
- 7. The eggs are **shipped on a truck** from Molalla to the grocery store in Portland (30 miles)
- 8. The eggs arrive at the grocery store



Number of Steps: 8 Miles Traveled: 30

How does **Alaskan salmon** get to the grocery store?

- 1. Plankton **grow** in the ocean in Alaska
- 2. Krill **eat** the plankton
- 3. Small fish eat the krill
- 4. Salmon eat the small fish
- 5. The salmon is **caught by fisherman**
- 6. The salmon is **brought to shore** on a boat (10 miles)
- 7. The salmon is **cleaned**
- 8. The salmon is **frozen**
- 9. The salmon is **packaged**
- 10. The salmon is **shipped on a boat** from Alaska to Seattle (1,400 miles)
- 11. The salmon is **shipped on a truck** from Seattle to the grocery store in Portland (175 miles)
- 12. The salmon arrives at the grocery store

Number of Steps: 12 Miles Traveled: 1,585

