

Blueberry and Lingonberry

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Origins of Blueberry



- Blueberries are native to the United States and have been cultivated since 1912 after being bred from wild varieties to make a better berry.
- Blueberries were thought to only be able to grow wild since they require acidic soil and could be found growing in the wild.

Origins of Blueberry



- My family would pick blueberries from a local farm and we would pick hundreds of pounds worth to freeze them for the year.
- Wild blueberry vs the highbush variety which is more common and larger.

Recipe for Blueberries

- Blueberry cobbler recipe
- <https://tastesbetterfromscratch.com/blueberry-cobbler/>



Lingonberry

- Lingonberries are believed to be from Sweden and parts of Scandinavia.
- I am mostly Finnish and Swedish so I chose this vegetable because it is native to my place of origin.
- They grow in Nordic weather conditions and are a very hardy plant.



Lingonberry Jam recipe

- Used as a topping for brie cheese on cracker or as a topping on Swedish meatballs.
- 1 cup water, 1 cup sugar, and 2 and ¼ cups Lingonberries
 - Add all ingredients in saucepan and bring to boil for 10-15 minutes.
 - Put in jars and seal them.
 - Let cool and enjoy ☺



Similarities of growing

- Lingonberries and blueberries are from the same genus.
- When you compare the wild blueberry to them you can see the similarities.

Similarities of growing

- Both require acidic soil to grow and they grow in a similar fashion where the wild blueberry and Lingonberry grow like a mat where they spread across forest floor.
- Berries are very similar in looks but the color and taste are different.

Growing Experience

- I have grown both lingonberries and blueberries on my family estate.
- Blueberries are much easier to grow and can handle the heat of summer a lot better than the lingonberries.
- Lingonberries are a lot pickier about the acidity of the soil and need to be covered in pine or fir needles in order to grow properly.

Growing Experience

- Both are very tasty little morsels of fruit but have very different tastes.
- The wild and highbush blueberries are sweet and the lingonberry is sour and resembles the taste of cranberries.
- Lingonberries are small considered to blueberries.