



What are Cold Season Plants?



They are...

**Plants that
Love the Cold**

Common cold Loving Veggies:

Asparagus, Beets,
Broccoli, Brussels
Sprouts, chives, Cabbage,
Carrots, Cauliflower,
Swiss Chard, Kale,
Leek, Lettuce, Onion,
Parsnips, Peas, Radishes,
spinach, and turnips.

Cold crops can tolerate colder weather and soil and can be planted as early spring vegetables

•These crops flourish in temperatures lower than 70 degrees

•Some cool season crops do better when direct seeded, while others can be started indoors

•Farmers need to plan ahead for a healthy harvest